

Monday

The Park Center Aquatics Schedule

Monday

	Leisure Pool	Competition Pool								
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time
5:00 AM	Adult Only Time 5AM - 9AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	5:00 AM
6:00 AM										6:00 AM
7:00 AM		MAC Swim Team* 7:30AM - 8:30AM								7:00 AM
8:00 AM			Lap Swim 8:30AM - 11AM	Lap Swim 8:30AM - 3:00PM	MAC Swim Team* 7:30AM - 9:00AM					8:00 AM
9:00 AM	Easy Does It-Shallow 9AM - 10AM					MAC Swim Team* 7:30AM - 9:30AM			9:00 AM	
10:00 AM	Adult Only Time 10AM - 11AM								Lap Swim 9:30-11AM	10:00 AM
11:00 AM	Swim Lessons* 11AM - 12:30PM	Swim Lessons* 11AM - 12:30PM				Lap Swim 9:00AM - 3:00PM	Lap Swim 9:00AM - 3:00PM	Lap Swim 9:30AM - 3:00PM	Lap Swim 9:30AM - 1:30PM	Lap Swim 9:30AM - 1:30PM
12:00 PM										12:00 PM
1:00 PM	Open Plunge 12:30PM - 5:50PM	Lap Swim 12:30PM - 3PM							Lap Swim 12:30-1:30PM	1:00 PM
2:00 PM							Murray High Swim Team* 1:30PM - 3PM			2:00 PM
3:00 PM		Murray Spartan Polo Team* 3PM - 4:30PM								3:00 PM
4:00 PM			Lap Swim 4:30 - 5:00PM	Lap Swim 4:30 - 5:00PM	Lap Swim 4:30 - 6:00PM	Lap Swim 4:30 - 6:00PM	Lap Swim 4:30 - 6:00PM	Lap Swim 4:30 - 5:00PM	Lap Swim 4:30 - 5:00PM	Lap Swim 4:30 - 5:00PM
5:00 PM		Pre-Comp* 5PM - 6PM					Pre-Comp* 5PM - 6PM			5:00 PM
6:00 PM	Aqua Fit-Shallow 6PM - 7PM			Masters* 6PM - 7PM						6:00 PM
7:00 PM	Open Plunge 7PM - 9:45PM									7:00 PM
8:00 PM		Lap Swim 6PM - 9:45PM	Lap Swim 6PM - 9:45PM	Lap Swim 7PM - 9:45PM	Lap Swim 7PM - 9:45PM	Lap Swim 7PM - 9:45PM	Lap Swim 7PM - 9:45PM	Lap Swim 6PM - 9:45PM	Lap Swim 6PM - 9:45PM	8:00 PM
9:00 PM										9:00 PM
10:00 PM										10:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

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Effective Date:
6/4/12

Tuesday

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Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time	
5:00 AM	Adult Only Time 5AM - 9AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	5:00 AM	
6:00 AM										6:00 AM	
7:00 AM		MAC Swim Team* 7:30AM - 8:30AM								7:00 AM	
8:00 AM			Lap Swim 8:30AM - 11AM	Lap Swim 8:30AM - 3PM	MAC Swim Team* 7:30AM - 9:00AM					8:00 AM	
9:00 AM	Aquafit-Shallow 9AM - 10AM				Lap Swim 9AM - 3PM	Lap Swim 9AM - 3PM	MAC Swim Team* 7:30AM - 9:30AM			9:00 AM	
10:00 AM	Adult Only Time 10AM - 11AM						Lap Swim 9:30-11AM	10:00 AM			
11:00 AM	Swim Lessons* 11AM - 12:30PM	Swim Lessons* 11AM - 12:30PM						Swim Lessons* 11AM - 12:30PM	11:00 AM		
12:00 PM				12:00 PM							
1:00 PM	Open Plunge 12:30PM - 3:50PM	Lap Swim 12:30PM - 3PM						Lap Swim 12:30 - 3PM	1:00 PM		
2:00 PM									2:00 PM		
3:00 PM		Murray Spartan Polo Team* 3PM - 4:30PM								3:00 PM	
4:00 PM	Swim Lessons 4PM - 7PM	Swim Lessons 4PM - 7PM	Swim Lessons 4PM - 7PM	Lap Swim 4:30PM - 7PM	Lap Swim 4:30PM - 7PM	Lap Swim 4:30PM - 7PM	Lap Swim 4:30PM - 6PM	Lap Swim 4:30PM - 6PM	Lap Swim 4:30PM - 6PM	4:00 PM	
5:00 PM							Deep Water Aqua Fit 6PM - 7PM	5:00 PM			
6:00 PM								6:00 PM			
7:00 PM	Open Plunge 7PM - 9:45PM	Lap Swim 7PM - 9:45PM	Lap Swim 7PM - 9:45PM	Open Youth Water Polo* 7PM - 8PM					7:00 PM		
8:00 PM				Lap Swim 8PM - 9:45PM	Lap Swim 8PM - 9:45PM	Lap Swim 8PM - 9:45PM	Deep Water Aqua Fit 8PM - 9PM			8:00 PM	
9:00 PM								Lap Swim 9PM - 9:45PM	Lap Swim 9PM - 9:45PM	Lap Swim 9PM - 9:45PM	9:00 PM
10:00 PM										10:00 PM	

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Effective Date:
6/4/12

Wednesday

The Park Center Aquatics Schedule

Wednesday

	Leisure Pool	Competition Pool									
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time	
5:00 AM	Adult Only Time 5AM - 9AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	5:00 AM	
6:00 AM										6:00 AM	
7:00 AM		MAC Swim Team* 7:30AM - 8:30AM								7:00 AM	
8:00 AM			Lap Swim 8:30AM - 11AM	Lap Swim 8:30AM - 3:00PM	MAC Swim Team* 7:30AM - 9:00AM						8:00 AM
9:00 AM	Easy Does It-Shallow 9AM - 10AM					MAC Swim Team* 7:30AM - 9:30AM				9:00 AM	
10:00 AM	Adult Only Time 10AM - 11AM									Lap Swim 9:30-11AM	10:00 AM
11:00 AM	Swim Lessons* 11AM - 12:30PM	Swim Lessons* 11AM - 12:30PM			Lap Swim 9:00AM - 3:00PM	Lap Swim 9:00AM - 3:00PM	Lap Swim 9:30AM - 3:00PM	Lap Swim 9:30AM - 1:30PM	Lap Swim 9:30AM - 1:30PM	Swim Lessons* 11AM - 12:30PM	11:00 AM
12:00 PM											
1:00 PM	Open Plunge 12:30PM - 5:50PM	Lap Swim 12:30PM - 3PM									
2:00 PM							Murray High Swim Team* 1:30PM - 3PM			2:00 PM	
3:00 PM			Murray Spartan Polo Team* 3PM - 4:30PM							3:00 PM	
4:00 PM			Lap Swim 4:30 - 5:00PM	Lap Swim 4:30 - 5:00PM	Lap Swim 4:30 - 6:00PM	Lap Swim 4:30 - 6:00PM	Lap Swim 4:30 - 6:00PM	Lap Swim 4:30 - 5:00PM	Lap Swim 4:30 - 5:00PM	Lap Swim 4:30 - 5:00PM	4:00 PM
5:00 PM		Pre-Comp* 5PM - 6PM					Pre-Comp* 5PM - 6PM			5:00 PM	
6:00 PM	Aqua Fit-Shallow 6PM - 7PM	Lap Swim 6PM - 7PM	Lap Swim 6PM - 7PM	Masters* 6PM - 7PM				Lap Swim 6PM - 7PM	Lap Swim 6PM - 7PM	6:00 PM	
7:00 PM	Open Plunge 7PM - 9:45PM	Boy Scouts* 7PM - 9PM	Adult Open Water Polo 7:30PM - 9:30PM						Boy Scouts* 7PM - 9PM	7:00 PM	
8:00 PM										8:00 PM	
9:00 PM										9:00 PM	
10:00 PM			Lap Swim 9PM - 9:45PM	Lap Swim 9:30PM - 9:45PM	Lap Swim 9:30PM - 9:45PM	Lap Swim 9:30PM - 9:45PM	Lap Swim 9:30PM - 9:45PM	Lap Swim 9:30PM - 9:45PM	Lap Swim 9:30PM - 9:45PM	Lap Swim 9PM - 9:45PM	10:00 PM

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Effective Date:
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Thursday

The Park Center Aquatics Schedule

Thursday

	Leisure Pool	Competition Pool												
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time				
5:00 AM	Adult Only Time 5AM - 9AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	5:00 AM				
6:00 AM										6:00 AM				
7:00 AM		MAC Swim Team* 7:30AM - 8:30AM								7:00 AM				
8:00 AM			Lap Swim 8:30AM - 11AM	Lap Swim 8:30AM - 3PM	MAC Swim Team* 7:30AM - 9:00AM					8:00 AM				
9:00 AM	Aquafit-Shallow 9AM - 10AM				Lap Swim 9AM - 3PM	Lap Swim 9AM - 3PM	MAC Swim Team* 7:30AM - 9:30AM			9:00 AM				
10:00 AM	Adult Only Time 10AM - 11AM									Lap Swim 9:30-11AM	10:00 AM			
11:00 AM	Swim Lessons* 11AM - 12:30PM	Swim Lessons* 11AM - 12:30PM									Swim Lessons* 11AM - 12:30PM	11:00 AM		
12:00 PM						Lap Swim 9:30AM - 3PM	Lap Swim 9:30AM - 3PM	Lap Swim 9:30AM - 3PM		12:00 PM				
1:00 PM	Open Plunge 12:30PM - 3:50PM	Lap Swim 12:30PM - 3PM							Lap Swim 12:30 - 3PM	1:00 PM				
2:00 PM										2:00 PM				
3:00 PM		Murray Spartan Polo Team* 3PM - 4:30PM								3:00 PM				
4:00 PM	Swim Lessons 4PM - 7PM	Swim Lessons 4PM - 7PM	Swim Lessons 4PM - 7PM	Lap Swim 4:30PM - 7PM	Lap Swim 4:30PM - 7PM	Lap Swim 4:30PM - 7PM	Lap Swim 4:30PM - 6PM	Lap Swim 4:30PM - 6PM	Lap Swim 4:30PM - 6PM	4:00 PM				
5:00 PM														5:00 PM
6:00 PM												Deep Water Aqua Fit 6PM - 7PM		
7:00 PM	Open Plunge 7PM - 9:45PM	Lap Swim 7PM - 9:45PM	Lap Swim 7PM - 9:45PM	Open Youth Water Polo* 7PM - 8PM					7:00 PM					
8:00 PM				Lap Swim 8PM - 9:45PM	Lap Swim 8PM - 9:45PM	Lap Swim 8PM - 9:45PM	Deep Water Aqua Fit 8PM - 9PM			8:00 PM				
9:00 PM										Lap Swim 9PM - 9:45PM	Lap Swim 9PM - 9:45PM	Lap Swim 9PM - 9:45PM	9:00 PM	
10:00 PM													10:00 PM	

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Friday

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Friday

	Leisure Pool	Competition Pool													
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time					
5:00 AM	Adult Only Time 5AM - 9AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	Lap Swim 5AM - 7:30AM	5:00 AM					
6:00 AM										6:00 AM					
7:00 AM		MAC Swim Team* 7:30AM - 8:30AM								7:00 AM					
8:00 AM		Easy Does It-Shallow 9AM - 10AM			MAC Swim Team* 7:30AM - 9:00AM				8:00 AM						
9:00 AM						MAC Swim Team* 7:30AM - 9:30AM		9:00 AM							
10:00 AM	Adult Only Time 10AM - 11AM										10:00 AM				
11:00 AM	Open Plunge 11AM - 5:45PM										Lap Swim 8:30AM - 3PM	Lap Swim 8:30AM - 3:00PM	Lap Swim 9:00AM - 3:00PM	Lap Swim 9:00AM - 3:00PM	Lap Swim 9:30AM - 3:00PM
12:00 PM															12:00 PM
1:00 PM															1:00 PM
2:00 PM							Murray High Swim Team* 1:30PM - 3PM		2:00 PM						
3:00 PM		Murray Spartan Polo Team* 3PM - 4:30PM								3:00 PM					
4:00 PM		Lap Swim 4:30 - 4:45PM	Lap Swim 4:30 - 4:45PM	Lap Swim 4:30 - 5:45PM	Lap Swim 4:30 - 5:45PM	Lap Swim 4:30 - 5:45PM	Lap Swim 4:30 - 4:45PM	Lap Swim 4:30 - 4:45PM	Lap Swim 4:30 - 4:45PM	4:00 PM					
5:00 PM		Pre-Comp* 4:45PM - 5:45PM					Pre-Comp* 4:45PM - 5:45PM			5:00 PM					
6:00 PM										6:00 PM					
7:00 PM										7:00 PM					
8:00 PM										8:00 PM					
9:00 PM										9:00 PM					
10:00 PM										10:00 PM					

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Saturday

The Park Center Aquatics Schedule

Saturday

	Leisure Pool	Competition Pool									
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time	
5:00 AM										5:00 AM	
6:00 AM										6:00 AM	
7:00 AM	Adult Only Time 7AM - 9AM	Lap Swim 7AM - 9AM							Lap Swim 7AM - 9AM	7:00 AM	
8:00 AM									8:00 AM		
9:00 AM	Swim Lessons 9AM - 12PM	Swim Lessons 9AM - 12PM								Swim Lessons 9AM - 12PM	9:00 AM
10:00 AM											10:00 AM
11:00 AM											11:00 AM
12:00 PM	Open Plunge 12PM - 6:45PM	Lap Swim 12PM - 6:45PM	Lap Swim 7AM - 6:45PM	Lap Swim 7AM - 6:45PM	Lap Swim 7AM - 6:45PM	Lap Swim 7AM - 6:45PM	Lap Swim 7AM - 6:45PM	Lap Swim 7AM - 6:45PM	Lap Swim 12PM - 6:45PM	12:00 PM	
1:00 PM										1:00 PM	
2:00 PM										2:00 PM	
3:00 PM										3:00 PM	
4:00 PM										4:00 PM	
5:00 PM										5:00 PM	
6:00 PM										6:00 PM	
7:00 PM										7:00 PM	
8:00 PM										8:00 PM	
9:00 PM										9:00 PM	
10:00 PM										10:00 PM	

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Effective Date:
6/4/12

Sunday

The Park Center Aquatics Schedule

Sunday

Leisure Pool		Competition Pool								
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time
5:00 AM										5:00 AM
6:00 AM										6:00 AM
7:00 AM										7:00 AM
8:00 AM										8:00 AM
9:00 AM										9:00 AM
10:00 AM										10:00 AM
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM										6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM
9:00 PM										9:00 PM
10:00 PM										10:00 PM

CLOSED UNTIL NOVEMBER 4th

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